

KENNEDY★HAHN

APPLIANCE

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★ ★ ★ Braised Fennel ★ ★ ★

Courtesy of Richard L. Williams

Chef-Instructor Culinary Arts, Fox Valley Technical College, Appleton, Wisconsin

6 servings

Ingredients:

1 each fennel, sliced 1/8 inch

1 tablespoon olive oil

1/3 cup chicken stock

Salt

Pepper

Sauté fennel in olive oil for 1 minute.

Add chicken stock and cook until tender.

Season to taste with salt and pepper.

